

**RCADS-47-Y-ZU**

**Sicela ubeke indilinga uzungeze igama elibonisa ukuthi ngayinye yalezi zinto zenzeka kangaki kuwe. Azikho izimpendulo ezilungile noma ezingalungile.**

1.	Ngizikhathaza ngezinto	Angilokothi	Ngezinye izikhathi	Ngokuvamile	Njalo
2.	Ngizizwa ngidabukile noma ngingenalutho	Angilokothi	Ngezinye izikhathi	Ngokuvamile	Njalo
3.	Uma ngingenkinga, ngiba nomuzwa engingawuqondi kahle esiswini sami	Angilokothi	Ngezinye izikhathi	Ngokuvamile	Njalo
4.	Ngiyakhathazeka uma ngicabanga ukuthi kukhona okungalungile engikwenzile	Angilokothi	Ngezinye izikhathi	Ngokuvamile	Njalo
5.	Ngangizizwa ngisaba ukuba ngedwa ekhaya	Angilokothi	Ngezinye izikhathi	Ngokuvamile	Njalo
6.	Akusekho okungijabulisa kakhulu	Angilokothi	Ngezinye izikhathi	Ngokuvamile	Njalo
7.	Ngizizwa ngisaba uma kufanele ngiyohlola	Angilokothi	Ngezinye izikhathi	Ngokuvamile	Njalo
8.	Ngizizwa ngikhathazekile uma ngicabanga ukuthi kukhona ongithukuthelele	Angilokothi	Ngezinye izikhathi	Ngokuvamile	Njalo
9.	Ngikhathazekile ngokuba kude nomzali wami	Angilokothi	Ngezinye izikhathi	Ngokuvamile	Njalo
10.	Ngikhathazwa imicabango emibi noma engasile noma izithombe ngaphakathi engqondweni yami	Angilokothi	Ngezinye izikhathi	Ngokuvamile	Njalo
11.	Ngingenkinga yokulala	Angilokothi	Ngezinye izikhathi	Ngokuvamile	Njalo
12.	Ngikhathazekile ngokuthi ngizokwenza kabi emsebenzini wami wesikole	Angilokothi	Ngezinye izikhathi	Ngokuvamile	Njalo
13.	Ngikhathazwa ukuthi kukhona into embi ezokwenzeka kumuntu osemndenini wami	Angilokothi	Ngezinye izikhathi	Ngokuvamile	Njalo
14.	Ngivele ngizwe sengathi angikwazi ukuphefumula ngokungenasizathu	Angilokothi	Ngezinye izikhathi	Ngokuvamile	Njalo
15.	Ngingenkinga nesifiso sokudla	Angilokothi	Ngezinye izikhathi	Ngokuvamile	Njalo
16.	Kufanele ngihlale ngibheka ukuthi ngenze izinto ngendlela efanele (njengokuthi iswishi ivaliwe, noma umnyango ukhiyiwe)	Angilokothi	Ngezinye izikhathi	Ngokuvamile	Njalo
17.	Ngizizwa ngisaba uma kufanele ngilale ngedwa	Angilokothi	Ngezinye izikhathi	Ngokuvamile	Njalo
18.	Ngingenkinga yokuya esikoleni ekuseni ngoba ngizizwa nginovalo noma ngesaba	Angilokothi	Ngezinye izikhathi	Ngokuvamile	Njalo
19.	Anginawo amandla okwenza izinto	Angilokothi	Ngezinye izikhathi	Ngokuvamile	Njalo
20.	Ngikhathazekile ngokuthi ngingase ngibukeke ngiyisiwula	Angilokothi	Ngezinye izikhathi	Ngokuvamile	Njalo
21.	Ngikhathele kakhulu	Angilokothi	Ngezinye izikhathi	Ngokuvamile	Njalo
22.	Ngikhathazekile ngokuthi izinto ezimbi zizokwenzeka kimi	Angilokothi	Ngezinye izikhathi	Ngokuvamile	Njalo

23.	Angiboni ngikhipha imicabango emibi noma engasile ekhanda lami	Angilokothi	Ngezinye izikhathi	Ngokuvamile	Njalo
24.	Uma nginenkinga, inhliziyo yami ishaya kakhulu	Angilokothi	Ngezinye izikhathi	Ngokuvamile	Njalo
25.	Angikwazi ukucabanga kahle	Angilokothi	Ngezinye izikhathi	Ngokuvamile	Njalo
26.	Ngivele ngithuthumele noma ngiqhaqhazele lapho kungekho isizathu salokhu	Angilokothi	Ngezinye izikhathi	Ngokuvamile	Njalo
27.	Ngikhathazekile ngokuthi kukhona okubi okuzokwenzeka kimi	Angilokothi	Ngezinye izikhathi	Ngokuvamile	Njalo
28.	Uma nginenkinga, ngizizwa ngiqhaqhazela	Angilokothi	Ngezinye izikhathi	Ngokuvamile	Njalo
29.	Ngizizwa ngingento yalutho	Angilokothi	Ngezinye izikhathi	Ngokuvamile	Njalo
30.	Ngiyakhathazeka ngokwenza amaphutha	Angilokothi	Ngezinye izikhathi	Ngokuvamile	Njalo
31.	Kufanele ngicabange ngemicabango ekhethekile (njengezinombolo noma amazwi) ukuvimba izinto ezimbi ukuthi zenzeke	Angilokothi	Ngezinye izikhathi	Ngokuvamile	Njalo
32.	Ngiyakhathazeka ngokuthi abanye abantu bacabangani ngami	Angilokothi	Ngezinye izikhathi	Ngokuvamile	Njalo
33.	Ngesaba ukuba sendaweni egcwele abantu (njengasezinxanxatheleni zezitolo, emibukisweni, amabhasi, izinkundla zokudlala ezimatasa)	Angilokothi	Ngezinye izikhathi	Ngokuvamile	Njalo
34.	Ngokuphazima kweso ngizizwa ngisaba ngempela ngaphandle kwesizathu	Angilokothi	Ngezinye izikhathi	Ngokuvamile	Njalo
35.	Ngikhathazekile ngokuzokwenzeka	Angilokothi	Ngezinye izikhathi	Ngokuvamile	Njalo
36.	Ngivele ngibe nesiyazi noma ngiquleke lapho kungekho isizathu salokhu	Angilokothi	Ngezinye izikhathi	Ngokuvamile	Njalo
37.	Ngicabanga ngokufa	Angilokothi	Ngezinye izikhathi	Ngokuvamile	Njalo
38.	Ngizizwa ngisaba uma kufanele ngikhulume phambi kwekilasi lami	Angilokothi	Ngezinye izikhathi	Ngokuvamile	Njalo
39.	Inhliziyo yami ivele ishaye ngokushesha ngaphandle kwesizathu	Angilokothi	Ngezinye izikhathi	Ngokuvamile	Njalo
40.	Ngizwa sengathi angifuni ukunyakaza	Angilokothi	Ngezinye izikhathi	Ngokuvamile	Njalo
41.	Ngikhathazeka ngokuthi ngizothola ngokuzumayo umuzwa wokwesaba lapho kungenasidingo sokwesaba	Angilokothi	Ngezinye izikhathi	Ngokuvamile	Njalo
42.	Kufanele ngenze ezinye izinto ngokuphindaphindiwe (njengokugeza izandla zami, ukuhlanza noma ukubeka izinto ngokulandelana okuthile)	Angilokothi	Ngezinye izikhathi	Ngokuvamile	Njalo
43.	Ngizizwa ngisaba ukuthi ngizozenza isilima phambi	Angilokothi	Ngezinye izikhathi	Ngokuvamile	Njalo
44.	Kufanele ngenze ezinye izinto ngendlela efanele ukuze ngivimbele	Angilokothi	Ngezinye izikhathi	Ngokuvamile	Njalo
45.	Ngiyakhathazeka uma ngilala ebusuku	Angilokothi	Ngezinye izikhathi	Ngokuvamile	Njalo
46.	Ngingazizwa nginvalo uma kufanele ngiqhele ekhaya ebusuku	Angilokothi	Ngezinye izikhathi	Ngokuvamile	Njalo
47.	Ngizizwa ngingahlaliseki	Angilokothi	Ngezinye izikhathi	Ngokuvamile	Njalo