

Tsiku: _____

Dzina/Chizindikiro: _____

RCADS

Chonde zungulizani mawu amene akuwonetsa ndikangazi zinthu izi zachitika kwa inu. Palibe yankho lolondola kapena lokhonza.

1. Ndimadandaula za zinthu	Palibe	Nthawi zina	Nthawi zambiri	Nthawi zonse
2. Ndimamva kukhumudwa kapena kupelewera.	Palibe	Nthawi zina	Nthawi zambiri	Nthawi zonse
3. Ndikakhala ndi vuto,ndimamva zachilendo mmimba mwanga	Palibe	Nthawi zina	Nthawi zambiri	Nthawi zonse
4. Ndimadangdaula ndikaganiza kuti sinachite bwino pa chinachake	Palibe	Nthawi zina	Nthawi zambiri	Nthawi zonse
5. Nditha kuchita mantha kukhala ndekha pakhomo	Palibe	Nthawi zina	Nthawi zambiri	Nthawi zonse
6. Palibe chimwe chimndisangalatsa masiku ano	Palibe	Nthawi zina	Nthawi zambiri	Nthawi zonse
7. Ndimachita mantha ndikafuna kulemba mayeso	Palibe	Nthawi zina	Nthawi zambiri	Nthawi zonse
8. Ndimadandaula ndikaganiza kuti munthu wina wandikwiwira	Palibe	Nthawi zina	Nthawi zambiri	Nthawi zonse
9.Ndimadandaula ndikakhala kutali ndi makolo anga	Palibe	Nthawi zina	Nthawi zambiri	Nthawi zonse
10 Ndimavutika ndi Maganizo kapena zithunzithunzi zoyipa kapena zopanda pake mmaganizo mwanga	Palibe	Nthawi zina	Nthawi zambiri	Nthawi zonse
11. Ndimavutika kugona	Palibe	Nthawi zina	Nthawi zambiri	Nthawi zonse
12. Ndimadandaula kuti sindichita bwino ku sukulu.	Palibe	Nthawi zina	Nthawi zambiri	Nthawi zonse
13. Ndimadandaula kuti chinachake choyipa chichitikira wa kiubanja kwathu	Palibe	Nthawi zina	Nthawi zambiri	Nthawi zonse
14. Pena ndimabanika popanda chifukwa	Palibe	Nthawi zina	Nthawi zambiri	Nthawi zonse
15. Ndili ndi vuto la chilakolako cha chakudya	Palibe	Nthawi zina	Nthawi zambiri	Nthawi zonse
16. Ndimabwereza bwereza kuona ngati ndapanga zinthu molondola(ngati magetsi ndazimitsidwa kapena chitseko chatsekedwa)	Palibe	Nthawi zina	Nthawi zambiri	Nthawi zonse
17. Ndimaopa ndikakhala ndigona ndekha	Palibe	Nthawi zina	Nthawi zambiri	Nthawi zonse
18. Ndimavutika kupita ku sukulu mmawa chifukwa ndimaopa	Palibe	Nthawi zina	Nthawi zambiri	Nthawi zonse
19. Ndiibe mphamvu yopanga zinthu	Palibe	Nthawi zina	Nthawi zambiri	Nthawi zonse
20. Ndimadandaula kuti ndioneke opusa	Palibe	Nthawi zina	Nthawi zambiri	Nthawi zonse

21 Ndimatopa kwamnbiri	Palibe	Nthawi zina	Nthawi zambiri	Nthawi zonse
22. Ndimaopa kuti zinthu zoipa zindichitikira	Palibe	Nthawi zina	Nthawi zambiri	Nthawi zonse
23 ndimakanika kuchotsa Maganizo oyipa kapena opanda pake mmaganizo mwanga	Palibe	Nthawi zina	Nthawi zambiri	Nthawi zonse
24. Ndikakhala ndi vuto mtima wanga umathamanga	Palibe	Nthawi zina	Nthawi zambiri	Nthawi zonse
25. Sindikuganiza bwino bwino	Palibe	Nthawi zina	Nthawi zambiri	Nthawi zonse
26. Ndimangoyamba kunjenjemera popanda chifukwa	Palibe	Nthawi zina	Nthawi zambiri	Nthawi zonse
27. Ndimaopa kuti china chake choyipa chindichitikira	Palibe	Nthawi zina	Nthawi zambiri	Nthawi zonse
28. Ndikakhala ndi vuto ndimanjenjemera/sindikahazikika	Palibe	Nthawi zina	Nthawi zambiri	Nthawi zonse
29. Ndimadzimva kusafunikira	Palibe	Nthawi zina	Nthawi zambiri	Nthawi zonse
30. Ndimadaula kuti ndilakwitsa	Palibe	Nthawi zina	Nthawi zambiri	Nthawi zonse
31. Ndimayika Maganizo anga pa chinachake (monga ma nambala kapena mawu) kuletsa zinthu zoyipa kuti zisachtike	Palibe	Nthawi zina	Nthawi zambiri	Nthawi zonse
32. Ndimadandaula zomwe anthu akundiganizira.	Palibe	Nthawi zina	Nthawi zambiri	Nthawi zonse
33. Ndimachita mantha kukhala pa malo a gulu (monga malo amalonda, kanema, mu basi, malo osewelela)	Palibe	Nthawi zina	Nthawi zambiri	Nthawi zonse
34. Nimangoyamba kuoanga mantha popanda chifukwa cheni cheni	Palibe	Nthawi zina	Nthawi zambiri	Nthawi zonse
35. Ndimadandaula pa zomwe zingachitike	Palibe	Nthawi zina	Nthawi zambiri	Nthawi zonse
36. Ndimamva chizungulire apena kukomoka popanda chifukwa	Palibe	Nthawi zina	Nthawi zambiri	Nthawi zonse
37. Ndimaganiza za imfa	Palibe	Nthawi zina	Nthawi zambiri	Nthawi zonse
38. Ndimachita mantha kulankhula kwa ana anzanga mkalasi	Palibe	Nthawi zina	Nthawi zambiri	Nthawi zonse
39. Mtima wanga umangoyamba kuthamanga kwambiri popanda chifukwa	Palibe	Nthawi zina	Nthawi zambiri	Nthawi zonse
40. Ndimamva ngati sindikufuna kuyenda	Palibe	Nthawi zina	Nthawi zambiri	Nthawi zonse
41. ndimadandaula kuti ndikhala ndi mantha popanda chowopsa chilichonse	Palibe	Nthawi zina	Nthawi zambiri	Nthawi zonse
42. Ndimachita zinthu mobwereza bwereza (monga kusamba manja, kukonza kapena kuyika zinthu mwandondomeko)	Palibe	Nthawi zina	Nthawi zambiri	Nthawi zonse

43. ndimachita mantha kuti ndizichititsa manyazi pa maso pa anthu	Palibe	Nthawi zina	Nthawi zambiri	Nthawi zonse
44. Ndimamayenela kuchita zinthu zina moyenela kuti ndiletse zinthu zoyipa kuchitika	Palibe	Nthawi zina	Nthawi zambiri	Nthawi zonse
45. Ndimadandaula ndikamagona usiku	Palibe	Nthawi zina	Nthawi zambiri	Nthawi zonse
46. Nditha kuchita mantha nditakhala kuti sindinagone kunyumba	Palibe	Nthawi zina	Nthawi zambiri	Nthawi zonse
47. Sindimakhazikika	Palibe	Nthawi zina	Nthawi zambiri	Nthawi zonse

Source: US English Full 47-Item Youth Version RCADS <https://dev-rcads-ucla-site.pantheonsite.io/sites/default/files/2023-05/RCADS47-Youth-English-2018.pdf>

This Chichewa translation was provided by Steve Mphonda on December 4th, 2024.

© 1998 Bruce F. Chorpita and Susan H. Spence – For terms of use, see User’s Guide at www.childfirst.ucla.edu/resources/